

# EAST BY SOUTHWEST 2024

## Fifth Update in Nephrology

East by Southwest – Fifth Update in Nephrology  
Friday, September 13<sup>th</sup> – Saturday, September 14<sup>th</sup>, 2024  
Sheraton Pittsburgh Hotel at Station Square  
300 W Station Square Drive, Pittsburgh, PA 15219

### Planning Committee

<b>Pooja Amarapurkar, MD</b>	University of Pittsburgh's Department of Medicine - Renal-Electrolyte Division
<b>Christos Argyropoulos, MD, PhD</b>	Chief of Nephrology – University of New Mexico's School of Medicine – Internal Medicine
<b>Helbert Rondon, MD, MS</b>	University of Pittsburgh's Department of Medicine - Renal-Electrolyte Division
<b>Maria Delesio, ABM, AGS</b>	University of Pittsburgh's Department of Medicine - Renal-Electrolyte Division & Pittsburgh Center for Kidney Research, an O'Brien Center

**Update Purpose:** This conference brings together faculty from both organizing institutions as well as guest speakers with the goals of providing updates on the most recent advances in the field to the practicing nephrologist.

### Friday, September 13<sup>th</sup>

<b>2.00 – 3.00p</b>	<b>Registration</b>
3.00 – 3.15	Welcome Introductions <i>Drs Amarapurkar and Argyropoulos</i>
3.15 – 4.15p	Diagnosis and Management of Depression in ESKD <i>Dr Mark Unruh, MD, MS</i>
4.15 – 5.15	Application of Biomarkers in Transplant Nephrology: Challenges and Decision-Making <i>Dr Chethan Puttarajappa, MD</i>
<b>5.15 – 5.30</b>	<b>Break</b>
5.30 – 6.30	Post Hospital Management of AKI <i>Dr Paul Palevsky, MD</i>
<b>Educational adjournment for the day</b>	
<b>6.45 – 8.00</b>	<b>Cocktail Reception</b>

### Saturday, September 14<sup>th</sup>

<b>7.30 – 8.30a</b>	<b>Registration &amp; Continental Breakfast</b>
8.30 – 8.40	Announcements <i>Dr Pooja Amarapurkar, MD</i>
8.40 – 9.40	Update in ANCA-Associated Vasculitis <i>Dr Syeda Ahmad, MD</i>
9.40 – 10.40	Management of Secondary Hyperparathyroidism and Mineral and Bone Disorder in ESKD and Kidney Transplant Patients <i>Dr Christos Argyropoulos, MD, PhD</i>
<b>10.40 – 10.55</b>	<b>Break</b>
10.55 – 11.55	Plenary Session #1: AKI in Liver Disease <i>Dr Juan Carlos Velez, MD</i>
<b>11.55 – 1.00p</b>	<b>Lunch Buffet</b>

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1.00 – 2.00	Plenary Session #2: Cardiorenal Syndrome <i>Janani Rangaswami, MD</i>
2.00 – 3.00	Resistant Hypertension: Diagnosis and Management <i>Dr Blaise Abramovitz, DO, FASN</i>
<b>3.00 – 3.15</b>	<b>Break</b>
3.15 – 4.15	Alport Syndrome <i>Dr Pablo Garcia, MD</i>
4.15 – 5.15	Population Health and CKD <i>Dr Manisha Jhamb, MD, MPH</i>
<b>5.15 – 5.30</b>	<b>Closing Remarks</b> <i>Dr Pooja Amarapurkar, MD</i>

### Adjournment of the educational conference for 2024

#### Program Overview, Learning Objectives, Target Audience

This conference offers updates on the latest advancements in the field for practicing nephrologists. It aims to enhance patient care across various conditions including acute kidney injury, chronic kidney disease, and kidney transplant. Furthermore, it fosters collaboration among experts and specialists involved in treating these patients. The conference is tailored for physicians, nurse practitioners, physician assistants, pharmacists, and trainees in nephrology. Additionally, it serves as a platform to raise awareness about kidney disease and to educate and provide resources for patients and the community.

#### Faculty Listing

1. Blaise Abramovitz, DO, FASN – University of Pittsburgh; Renal-Electrolyte Division, Assistant Professor of Medicine; Mercy Hospital, UPMC, Director of Community Practice, Division of Nephrology, Pittsburgh PA
2. Syeda Ahmad, MD – University of Pittsburgh; Renal-Electrolyte Division, Assistant Professor of Medicine, Director of Glomerular Disease Center, Pittsburgh, PA
3. Pooja Amarapurkar, MD – University of Pittsburgh; Renal-Electrolyte Division, Assistant Professor of Medicine, Director of Onco-Nephrology, Pittsburgh, PA
4. Christos Argyropoulos, MD, PhD – University of New Mexico; Internal Medicine, Chief, Division of Nephrology, Associate Professor of Medicine, Albuquerque, NM
5. Pablo Garcia, MD – University of New Mexico; Internal Medicine, Chair, Professor of Medicine, Albuquerque, NM
6. Manisha Jhamb, MD, MPH – University of Pittsburgh; Renal-Electrolyte Division, Associate Chief, Director of Center for Population Health Management, Pittsburgh, PA
7. Paul Palevsky, MD – University of Pittsburgh; Renal-Electrolyte Division, Critical Care Medicine, and Clinical & Translation Science, Professor of Medicine; Chief, Kidney Medicine Section, VA Pittsburgh Healthcare System, Pittsburgh, PA
8. Chethan Puttarajappa, MD, MS – University of Pittsburgh; Renal-Electrolyte Division, Associate Professor of Medicine, Pittsburgh, PA
9. Janani Rangaswami, MD, FACP, FCRS, FAHA – George Washington University; School of Medicine and Health Sciences, Professor of Medicine; Director of Cardiorenal Program, Washington, DC

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10. Helbert Rondon, MD, MS – University of Pittsburgh; Renal-Electrolyte Division, Professor of Medicine; Chief, Renal Services, UPMC Magee-Women’s Hospital, Pittsburgh, PA
11. Mark Unruh, MD, MS – University of New Mexico; Professor of Medicine, Chair, Department of Internal Medicine, Albuquerque, NM
12. Juan Carlos Velez, MD – University of Queensland; Oschner Clinical School, Professor, New Orleans, LA

### Staff Listing

1. Maria Delesio, ABM, AGS – University of Pittsburgh; Department of Medicine, Renal-Electrolyte Division, Pittsburgh Center for Kidney Research- O’Brien Center, Business Administration Manager, Pittsburgh, PA

### CME Accreditation Statement:

***In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.***

#### ***Physician (CME)***

***The University of Pittsburgh designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.***

***Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.***

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The following relevant financial relations were disclosed:

1. Dr. Paul Palevsky has grant/research support from Baxter Inc. and is a consultant for Chiesi USA (an affiliate of Chiesi Farmaceutici S.p.A) and AkiCept LLC.
2. Dr. Chethan Puttarajappa is a consultant for Replimune Group, Inc.
3. Dr. Janani Rangaswami is a consultant for Boehringer Ingelheim, Pryocyrion, and Bayer as well as a CE Speakers' Bureau member for Boehringer Ingelheim.
4. Dr. Christos Argyropoulos has grant/research support from Quanta Dialysis Technologies Ltd.
5. Dr. Manisha Jhamb has grant/research support from CKD Leaders Network and is a consultant for Boehringer Ingelheim, Eli-Lilly and Company, and CKD Leaders Network.
6. Dr. Juan Carlos Velez is a consultant for Mallinckrodt Pharmaceuticals, Calliditas Therapeutics, and Travers Therapeutics and is a CE Speakers' Bureau member of Mallinckrodt Pharmaceuticals.
7. Dr. Syeda Ahmad is a consultant and a part of the CE Speakers' Bureau for Travers Therapeutics and was previously a consultant for Novartis.

*No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.*

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