

Oct. 24, 2024 | Crowne Plaza Harrisburg-Hershey, 23 S. 2nd St., Harrisburg, PA 17101 A virtual option is also available.

Sponsored by the UPMC Harrisburg Department of Obstetrics and Gynecology

This conference is designed for the continuing education of obstetricians, gynecologists, family practice physicians, physician assistants, nurse practitioners, midwives, and other ob-gyn health care professionals.

### **AGENDA**

7 to 7:45 a.m. Registration and Breakfast Introduction

Ken Oken, MD

Chairman, Department of Obstetrics and Gynecology, UPMC Magee-Womens in Central Pa.

Andrew Perrotti, MD

Director of CME, Department of Obstetrics and Gynecology, UPMC Magee-Womens in Central Pa.

8 to 8:50 a.m. Placenta Accreta Spectrum: Delivering High-Quality, Safe Patient Care Through a Multidisciplinary Complex Obstetrical Surgery Team

Cynthia Anderson, MD

UPMC Magee-Womens Maternal Fetal Medicine

### Session objectives:

- 1. Describe placenta accreta spectrum what is it and how is it diagnosed?
- 2. Learn about the management of placenta accreta spectrum accessing and organizing the patients plan of care.
- 3. Describe local outcomes of placenta accreta spectrum current state and next steps.

8:50 to 9:40 a.m. Diagnosis and Management of Life-Threatening Complications of Severe Hypertensive Disorders of Pregnancy

Baha M. Sibai, MD

Director, Maternal Fetal Medicine Fellowship, UTHealth Department of Obstetrics, Gynecology, and Reproductive Sciences, UTHealth Houston

## Session objectives:

- 1. Describe management of severe hypertension during pregnancy and postpartum with various antihypertensive medications.
- 2. Summarize potential complications related to severe hypertension.
- 3. Describe management and complications from HELLP syndrome and pulmonary edema.

9:40 to 10:10 a.m. **Break and Visit Exhibitors** 

## Katherine Grace Lim, MD, MSc

Chief, UPMC Division of Obstetric & Women's Anesthesiology Associate Professor, Anesthesiology & Perioperative Medicine, Obstetrics, Gynecology, and Reproductive Sciences, University of Pittsburgh and UPMC Magee-Womens Hospital

### Session objectives:

- Describe modern approaches to multimodal analgesia for vaginal and cesarean delivery.
- 2. Discuss appropriate use of neuraxial morphine for cesarean delivery.
- 3. Review non-pharmacologic modalities that factor into a complete multimodal analgesia plan.

11 to 11:50 a.m.

# Empowering Care: Inclusive OBGYN Solutions for Women with Disabilities

#### Dr. John Harris, MD, MSc

Assistant Professor, Department of Obstetrics, Gynecology, & Reproductive Sciences, University of Pittsburgh and UPMC Magee-Womens Hospital

## Session objectives:

- 1. Learn common accessibility challenges people with intellectual, mobility, or sensory disabilities have when trying to receive ob-gyn services.
- 2. Learn ob-gyn providers' legal requirements for people with disabilities and the Americans with Disabilities Act of 1990.
- Learn techniques to improve ob-gyn communication with people with intellectual disabilities and clinic accessibility for people with mobility disabilities.

11:50 a.m. to 12:40 p.m.

# Optimizing Health for Pregnancies Affected by Fetal Growth Restriction

### Jacob Larkin, MD

UPMC Magee-Womens Maternal Fetal Medicine

Assistant Professor, Department of Obstetrics, Gynecology & Reproductive Sciences, Division of Maternal-Fetal Medicine, University of Pittsburgh and UPMC Magee-Womens Hospital

#### Session objectives:

- Develop a general understanding of common concerns related to diagnosis and management of fetal growth restriction.
- 2. Explore the relationship between adverse perinatal outcomes and fetal weight.
- 3. Evaluate the relative merits of specific fetal growth standards.

12:40 to 1:00 p.m.

## **Lunch Buffet**

1 to 2 p.m.

Gerald F. Maenner Memorial Lecture and Lunch -SPARKED: A different way to live, work, and lead

Katie Sandoe, PhD, D.Ed.

2 p.m.

Conclusion

Ken Oken, MD

Chairman, Department of Obstetrics and Gynecology, UPMC Magee-Womens in Central Pa.

2:30 p.m. | Adjournment

# **Registration and Cancellation:**

Registration is **required** for this educational opportunity. **Please scan the QR code to register.** 

All cancellations must be in writing and sent to **jeffriesm5@upmc.edu**. Tuition for cancellations postmarked or date stamped before Oct. 1, 2024,

will be refunded in full. After Oct. 1, 2024, a \$10 administrative fee will be assessed, and the remaining amount will be refunded. No refunds will be made after Oct. 15, 2024.

For more information, please contact Melinda Kauffman at jeffriesm5@upmc.edu or 717-231-8998.

## **Accessibility Requests**

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by emailing Melinda Kauffman at jeffriesm5@upmc.edu.

## **Accreditation and Credit Designation**

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

**Physician (CME):** The University of Pittsburgh designates this live activity for a maximum of 5.0 *AMA PRA Category 1 Credits* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing (CNE):** The maximum number of hours awarded for this Continuing Nursing Education activity is 5.0 contact hours.

Physician Assistant (AAPA): The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

