

12th Annual Adolescent and Young Adult Health Research Symposium

In collaboration with the Ohio Valley Chapter of the Society for Adolescent Health and Medicine (OVSAHM)



Promoting Youth Thriving
Thursday, September 26, 2024

UPMC | CHILDREN'S
HOSPITAL OF PITTSBURGH

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8:00 am – 4:00 pm

Welcome to

The 12th Annual Adolescent and Young Adult Health Research Symposium

In collaboration with the Ohio Valley Chapter
of the Society for Adolescent Health and Medicine (OVSAHM)

Promoting Youth Thriving

Sponsored by the

Division of Adolescent and Young Adult Medicine of UPMC Children's Hospital of Pittsburgh and
University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences

Program Overview: The focus of this symposium will be on uplifting innovative and impactful strategies for promoting adolescent health and well-being, with attention to social and structural interventions to optimize adolescent and young adult thriving.

Target Audience: Scholars, practitioners, and community members (including youth) interested in positive development of youth, adolescent health, community health, advocacy, translational research, health services research, clinical care, and education.

Learning Objectives: The goal of this symposium is to build clinicians and other youth-serving professionals' capacity to

1. Elucidate the many dimensions of youth thriving as a key metric in adolescent health and well-being.
2. Identify interventions and strategies, particularly social and structural interventions, to optimize adolescent thriving.

Conference Schedule at a Glance

8:00—9:00a	Pediatric Grand Rounds <i>The Impact of Violence, Racism and Discrimination on Adolescent Health and Health Disparities</i> Tamera Coyne-Beasley, MD, MPH, FAAP, FSAHM
	University of Alabama
9:00—9:15a	Meet and Greet with Pediatric Grand Rounds Speaker Tamera Coyne-Beasley, MD, MPH, FAAP, FSAHM
	University of Alabama
9:15--9:25a	Break
9:25—9:30a	Welcome and Introductions Elizabeth Miller, MD, PhD
9:30—10:00a	Community-engaged violence prevention research to promote thriving Alison Culyba, MD, PhD
10:00—10:30a	Understanding the role of place in Black adolescent mental health Jamie Booth, MSW, PhD
10:30-10:45a	Break
10:45—11:15a	Geographic Ecological momentary assessment to illuminate coping and resilience Tyia Wilson, PhD
11:15--11:45a	Caring Connections for YOUth: A community-led, countywide pre-arrest juvenile diversion initiative to reduce racial/ethnic disparities in legal system involvement Latrice Shannon, MSSW Sara Goodkind, PhD
11:45p – 1:30p	Box lunch and Posters
Noon -1:00p	Wellness Lecture (intended for clinicians): Charting Wellness Is Physician Wellness: How a New Soap, Tomato Timers, and Eating Frogs Can Help You Tahniat Syed, MD, MPH UPMC Children's Hospital of Pittsburgh, University of Pittsburgh School of Medicine
1:00--1:30p	Posters and Networking
1:30--2:20p	Workshops Workshop A: Reaching Teens: Integrating strengths-based approaches into our hospitals and health care delivery system - Shenoa Jamieson, CRNP Workshop B: Social Media and Teens – Sathir Mandakini, MD Workshop C: Youth Data Literacy - Jacob Voelker, B.Phil. and Liz Monk, MS
2:30--3:20p	Workshops Workshop A: Engaging youth in the PITT Adolescent and Young Adult Medicine Youth Research Advisory Board (YRAB) -- Ana Radovic, MD, Jacob Voelker B.Phil., Kayla Ortiz MPH, CHES Workshop B: Parent-Adolescent Communication to Promote Healthy Relationships - Erin Mickiewicz, BS Olivia Migliori, BA Workshop C: Integrating weight management into adolescent care: a quality improvement project -- Erika Troitino, CRNP, Sonya Acharya, BS, Tahniat Syed, MD
3:20—4:00p	OVSAHM Business Meeting

Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 7.0 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Social Work

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for 7.0 continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.0 continuing education credits.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Faculty Disclosure:

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All of the relevant financial relationships for the individuals listed below have been mitigated

Elizabeth Miller has royalties with UpToDate & Wolters Kluwer.

No other members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Disclaimer Statement:

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