



2025 UPMC Adrenal Symposium

Virtual Event

Saturday, Feb. 22, 2025

8:30 a.m. to 4:30 p.m.

*Sponsored by UPMC Hillman Cancer Center and the
University of Pittsburgh School of Medicine Center for
Continuing Education in the Health Sciences.*

COURSE DIRECTORS

POUNEH FAZELI, MD, MPH

LINWAH YIP, MD, FACS

UPMC | **HILLMAN
CANCER CENTER**



Program Goal

This course is designed to cover the most recent advances in the diagnosis and treatment of adrenal disorders, including the management of incidental adrenal nodules. Upon completion of this activity, and based on the latest guidelines and newest technology, learners should be able to discuss current strategies and updates in the diagnosis and management of hypercortisolism, including mild autonomous cortisol secretion, adrenal insufficiency, and other primary and secondary adrenal diseases.

Who Should Attend

This course is designed for physicians, advanced practice providers, nurses, and other health care professionals practicing in the areas of Endocrinology, Urology, Cardiology, Nephrology, Internal Medicine, Oncology, and Surgery.

Continuing Education Credit

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of *7.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 7.0 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other Health Care Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

This is a virtual event. Participants must register in advance and use the following link to participate:

UPMC.com/AdrenalSymposium

Saturday, Feb. 22, 2025 | 8:30 a.m. - 4:30 p.m. EST

- 8:30 a.m. **Opening Remarks**
Linwah Yip, MD, FACS
Pouneh K. Fazeli, MD, MPH
- 8:40 a.m. **Adrenal Imaging**
Anil K. Dasyam, MD
- 9 a.m. **Keynote Speaker**
Adrenal Incidentaloma Evaluation
William F. Young, Jr., MD, MSc
*Tyson Family Endocrinology Clinical Professor; Professor of Medicine
Division of Endocrinology, Diabetes, Metabolism, and Nutrition
Mayo Clinic College of Medicine and Science
Rochester, MN*
- 9:45 a.m. **Primary Aldosteronism**
Sura I. Al Qaisi, MD
- 10:15 a.m. **Break/E-Visit with Vendors**
- 10:30 a.m. **Keynote Speaker**
Pheochromocytoma/Paraganglioma
William F. Young, Jr., MD, MSc
- 11:15 a.m. **Case Discussion**
Kimberly M. Ramonell, MD, FACS/William F. Young, Jr., MD, MSc
Hussain Mahmud, MD/Anil K. Dasyam, MD
- 12:00 p.m. **Lunch/E-Visit with Vendors**
- 12:30 p.m. **Hypercortisolism: Cushing's to MACS - Evaluation and Diagnosis**
Pouneh K. Fazeli, MD, MPH
- 1:00 p.m. **Medical Management of Hypercortisolism**
Pouneh K. Fazeli, MD, MPH
- 1:20 p.m. **Diagnosis and Management of Adrenal Insufficiency**
Hussain Mahmud, MD
- 1:40 p.m. **Current Adrenalectomy Techniques**
Alaa Sada, MD, MS
- 2:05 p.m. **Evaluation of Adrenal Nodules in Cancer Patients and
Management of Adrenal Metastasis**
Linwah Yip, MD, FACS
- 2:25 p.m. **Genetic Disorders Associated with Adrenal Pathology**
Darcy L. Thull, MS
- 2:45 p.m. **Break/E-Visit with Vendors**

Continued

- 3:00 p.m. **Adrenal Cortical Cancer: Presentation, Evaluation, and Treatment**
Leonard J. Appleman, MD, PhD
- 3:30 p.m. **Case Discussion**
Kelly L. McCoy, MD, FACS/Pouneh K. Fazeli, MD, MPH
Leonard J. Appleman, MD, PhD/Jodi K. Maranchie, MD
- 4:30 p.m. **Adjournment**
Linwah Yip, MD, FACS
Pouneh K. Fazeli, MD, MPH
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Keynote Speaker



William F. Young, Jr., MD, MSc

*Tyson Family Endocrinology Clinical Professor; Professor of Medicine
Division of Endocrinology, Diabetes, Metabolism, and Nutrition
Mayo Clinic College of Medicine and Science
Rochester, MN*

Faculty

Sura I. Al Qaisi, MD

*Clinical Assistant Professor of Medicine
Division of Endocrinology and Metabolism*

Leonard J. Appleman, MD, PhD

*Associate Professor of Medicine
Division of Malignant Hematology and
Medical Oncology
Director, Genitourinary Cancer Disease Center*

Anil K. Dasyam, MD

*Professor of Radiology
Department of Radiology*

Pouneh K. Fazeli, MD, MPH

*Associate Professor of Medicine
Director, Neuroendocrinology Unit
Medical Director, Pituitary Center of Excellence*

Hussain Mahmud, MD

*Clinical Associate Professor of Medicine
Division of Endocrinology and Metabolism*

Jodi K. Maranchie, MD

*Associate Professor
Department of Urology*

Kelly L. McCoy, MD, FACS

*Associate Professor of Surgery
Division of Endocrine Surgery
Vice President of Surgical Services,
VA Pittsburgh Healthcare System*

Kimberly M. Ramonell, MD, FACS

*Assistant Professor of Surgery
Division of Endocrine Surgery*

Alaa Sada, MD, MS

*Assistant Professor of Surgery
Division of Endocrine Surgery*

Darcy L. Thull, MS

*Licensed Certified Genetic Counselor
Cancer Genetics Program*

Linwah Yip, MD, FACS

*Associate Professor of Surgery
Chief, Division of Endocrine Surgery*

Faculty are affiliated with the University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania, unless noted otherwise.

Agenda and speakers may be subject to change on short notice.

Registration Information:

1. [Visit our online registration site.](#)
2. Choose a registration category, then click “Add to cart.” Enter all the requested information (including an email address) and follow the prompts to submit your registration after entering your payment information registration after entering your payment information.

When you register online, you will receive an immediate email confirmation message.

Please note: Registration is not complete until you receive this confirmation. If you do not receive this letter within seven days of registration, please contact us at **724-720-5959**.

Cancellation/Refunds

All cancellations must be sent via email, to **Martinml4@UPMC.edu**. Cancellations received before Feb. 1, 2025 will be refunded in full. After February 1, a \$35.00 fee will be assessed, and **no refunds will be made after February 12**.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by emailing **Martinml4@UPMC.edu**.

The UPMC Center for Continuing Education in the Health Sciences reserves the right to cancel this program if not enough registrations are received.

Registration Fees

Physicians: \$75

RNs and other health care professionals: \$50

Medical trainees, including students, residents, and fellows — free; registration is required.

Registration fees include:

- Continuing education credits
- Registration and course materials
- Vendor e-visits

For additional information, contact:

Melissa Martin

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