New Paradigms in Gastrointestinal Surgery and Medicine

COURSE HANDOUT

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INTRODUCTION

The primary purpose of the **2024 UPMC New Paradigms in Gastrointestinal Surgery and Medicine** course is to bring physicians, providers, and gastroenterology clinical professionals together to advance our understanding of the origin and progression of colorectal cancer and advanced endoscopy and to provide optimal treatments to patients as soon as possible. Special course content will be directed to new technologies as well as care inequities. This course is led by academic physicians who are committed to broad collaboration to support patients who need answers.

We are delighted to welcome **Mohammad O. Othman, MD** from Baylor University as today's keynote speaker. We look forward to lively debates and interactions from all course attendees throughout the day.

Our Divisions and this conference are indebted to its generous industry partners. **Please Visit our Exhibitors** in the Lawrence Welk Room (same floor as plenary sessions) throughout the day.

Thank you for attending.

In good health,

David S. Medich, MD

Associate Professor of Surgery
Chief, Division of Colon and Rectal Surgery
Course Co-Director, New Paradigms in Gastrointestinal Surgery and Medicine

Robert E. Schoen, MD, MPH

UPMC Endowed Chair in Gastroenterology, Hepatology and Nutrition Professor of Medicine and Epidemiology Course Co-Director, New Paradigms in Gastrointestinal Surgery and Medicine

Planning Committee:

- David S. Medich, MD
- Robert E. Schoen, MD, MPH
- Kimberly Sainiak, BSN, RN
- Joy Jenko Merusi, MA

Division of Colon and Rectal Surgery

Division of Gastroenterology, Hepatology and Nutrition

University of Pittsburgh | UPMC

New Paradigms in Gastrointestinal Surgery and Medicine

Omni William Penn Hotel ● 530 William Penn Place ● Pittsburgh, PA 15219 Saturday, November 9, 2024 @ 7:30 am - 3:00 pm - Welk & Hope Rooms, Mezzanine Level

7:30 am	Registration/Breakfast/Exhibits
8:00	Welcome David S. Medich, MD and Robert E. Schoen, MD, MPH
8:10	Session I: Advancements in Colorectal Surgery Advancements in CRS Surgery: The Art of Robotic Surgery Kellie E. Cunningham, MD
8:30	"Watch and Wait" Approach to Rectal Cancer David S. Medich, MD
8:50	Targeted Therapies to Enhance Rectal Preservation Vikram C. Gorantla, MD
9:10	What Can Health Systems Do to Improve Quality, Safety and Patient Recovery? Jennifer M. Holder-Murray, MD
9:30	Panel Discussion with Audience
9:45	Break/Exhibits
10:05	Session II: Advancements in Endoscopic Therapy What's New in Interventional Gastroenterology? Sultan Mahmood, MD Moderator: Charles C. Gabbert, MD
10:25	Endoscopic Management of What Used to be Surgical Disease: ESD for Large and Super-Large Polyps Mohamed O. Othman, MD
10:50	Panel Discussion with Audience
11:05	Session III: Advancing Care to a Wider Audience Moderator: Jennifer M. Holder-Murray, MD Strategic Update on How to Leverage Telemedicine for Integrated and Peri-operative Care
11:25	Andrew R. Watson, MD, MLitt Inequities in Care Robert Tessler, MD, MPH
11:45	Panel Discussion with Audience
12:00	Break/Lunch Buffet/Exhibits
	Session IV: Controversies in Care Moderator: James P. Celebrezze, Jr., MD
12:55	Blood-based Screening for Colorectal Cancer
1:15	Robert E. Schoen, MD, MPH Biologics are Making IBD Surgery Passé
	Marc Schwartz, MD
1:35	We are Waiting Too Long to Operate in IBD Sean P. Whelan, MD
1:55	New Insights in Diverticular Diseases
0.45	Ravy K. Vajravelu, MD, MSCE
2:15	Panel Discussion with Audience
2:30	Closing Remarks/Adjourn



Course Faculty

All course faculty serve with the University of Pittsburgh School of Medicine unless noted otherwise.

UPMC Surgery – Division of Colon and Rectal Surgery https://www.surgery.pitt.edu/divisions/colon-rectal-surgery

UPMC Medicine – Division of Gastroenterology, Hepatology and Nutrition https://dom.pitt.edu/qi

Course Directors:

David S. Medich, MD

Associate Professor of Surgery Chief, Division of Colon and Rectal Surgery

Robert E. Schoen, MD, MPH

UPMC Endowed Chair in Gastroenterology, Hepatology and Nutrition Professor of Medicine and Epidemiology Division of Gastroenterology, Hepatology and Nutrition

Guest Course Faculty:

Mohamed O. Othman, MD

William T. Butler Chair for Distinguished Faculty Professor of Medicine Chief, Gastroenterology Section, Baylor St. Luke's Medical Center Baylor College of Medicine | Houston, Texas

Course Faculty:

James P. Celebrezze, Jr., MD

Associate Professor of Surgery
Director, Colorectal Surgical Training

Kellie E. Cunningham, MD

Assistant Professor of Surgery

Vikram C. Gorantla, MD

Hematology/Oncology
UPMC Hillman Cancer Center

Charles C. Gabbert, MD

Clinical Assistant Professor of Medicine Medical Director, GI Lab & Procedure Unit Director of Advanced Endoscopic Training for Division UPMC Center for Digestive Health at UPMC St. Margaret

Jennifer M. Holder-Murray, MD

Vice Chair for Quality Integration
Associate Professor of Surgery
Surgical Director, UPMC Center for Perioperative Care
Co-Director, Enhanced Recovery Program, UPMC

Sultan Mahmood, MD

Clinical Assistant Professor of Medicine
UPMC Center for Digestive Health at UPMC Passavant

Marc Schwartz, MD

Assistant Professor of Medicine Co-Director, Total Care-IBD Clinical Lead, UPMC IBD Center

Robert Tessler, MD, MPH

Assistant Professor of Surgery Colorectal Surgeon, VAPHS

Ravy K. Vajravelu, MD, MSCE

Assistant Professor of Medicine
Gastroenterologist, VAPHS
Core Faculty, Center for Health Equity Research & Promotion,
VAPHS

Andrew R. Watson, MD, MLitt

Professor of Surgery, Division of Colorectal Surgery Senior Medical Director, UPMC Insurance Services Division Senior Medical Advisor, UPMC Enterprises Past-President, American Telemedicine Association

Sean P. Whelan, MD

Clinical Associate Professor of Surgery Chief of General Surgery, UPMC St. Margaret Associate Program Director, General Surgery Residency



COURSE FACULTY DISCLOSURES

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All of the relevant financial relationships for the individuals listed below have been mitigated:

- James P. Celebrezze, Jr., MD is a consultant with Provepharm Pharmeceuticals.
- Mohamed O. Othman, MD receives grant/research support from AbbVie, Nestle, Lucid Diagnostics, Boston Scientific, Microtech, and CreoMedical. He is also a consultant for Boston Scientific, Olympus, CreoMedical, and Con Med.
- Robert E. Schoen, MD, MPH receives grant/research support form Freenome, Immunovia, and Exact Sciences. He is also a consultant for Guardant.
- Andrew R. Watson, MD, MLitt is a consultant with Pencipio Health and eVisits.

No other members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.



ACCREDITATION INFORMATION

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 5.25 contact hours.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Course Objectives

- Partner with regional gastroenterologists, surgeons, and internal medicine providers to educate the regional and national medical communities about colorectal cancer treatment advancements.
- Identify advancements in colorectal cancer surgery, advanced endoscopy, and gastroenterology.
- Address barriers to colorectal cancer and advanced endoscopy diagnosis and treatment through technology advancements and diversity/equity/inclusion principles to best support advanced patient care, especially for patients in rural areas.
- Foster the development of multidisciplinary, fluid, and interactive models to treat colorectal cancer and patients in need of advanced endoscopic care.

Target Audience

This course is designed for gastroenterologists, surgeons, oncologists, radiologists, primary practice physicians, and advanced practice providers, nurses, and related medical professionals in the surgery and gastroenterology fields.

Disclaimer Statement

The information presented at this CME program represents the views and opinions of the individual presenters and does not constitute the opinion of endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.



How to Receive Continuing Education Credit

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

New Paradigms in Gastrointestinal Surgery and Medicine November 9, 2024

Omni William Penn Hotel Pittsburgh, PA

This is not your official certificate.

How to receive your continuing education credit?

https://cce.upmc.com/content/new-paradigms-gastrointestinal-surgery-and-medicine

This activity is approved for the following credit: AMA PRA Category 1 Credit™ and ANCC. Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

To receive credit, you will be required to login, complete the course evaluation, and claim credit. If you are a new user, click "Register" to create a new account. The activity will be added to your Pending Activities and accessible on the first day of the activity. You will have 30 days to complete the evaluation before the activity is closed. Upon completion, certificates will be available to download and stored for future reference in your Completed Activities.

How to receive your official certificate?

To receive credit, login to the UPMC Center for Continuing Education in the Health Sciences (CCEHS) continuing education learning portal, http://cce.upmc.com. If you are a new user, choose "Register" to create an account. Note, records are matched to users by email address.

- Go to My Account, My Courses
- Choose Pending Activities
- Click on the course title to complete the course evaluation and claim credit.



We gratefully acknowledge conference support from the following industry partners:

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