

## **UPMC Washington Scientific Day 2025** ***Enhancing Patient Outcomes with Evidence-Based Medicine***

**Friday, May 2, 2025**  
**9:00am - 3:15pm**

Loft Conference Center Southpointe  
1000 Noble Energy Drive | Suite 100 | Canonsburg, PA 15317  
***\*\*Located next to AC Hotel Pittsburgh/Southpointe\*\****

### **AGENDA**

- 9:00am Registration, Continental Breakfast, Exhibits, Posters
- 9:30am Welcome and Introduction, Lisa Goss, M.D.
- 9:35am *Evidence-Based Medicine: An Introduction*  
**Lauren O'Brien, M.D.**, Director, Division of Graduate Medical Education, UPMC Washington  
Program Director, UPMC Washington Family Medicine Residency Program
- 9:45am *Implementing EBM Protocols to Minimize Medical Errors*  
**Chenell Donadee, M.D., MBA**, Senior Medical Director, UPMC ICU Service Center, Associate Director,  
UPMC Pharmacy Service Center, Medical Director, UPMC Respiratory Service Center, Medical Advisor,  
UPMC Supply Chain, Associate Professor, Department of Critical Care Medicine, University of Pittsburgh  
School of Medicine
- 10:45am Break, Exhibits, Posters
- 11:00am *Implementing EBM to Improve Cardiovascular Risk Reduction*  
**Anum Saeed, M.D.**, Assistant Professor, Heart and Vascular Institute  
University of Pittsburgh School of Medicine
- 12:00pm Lunch, Exhibits, Posters
- 1:00pm *EBM Approaches for Diabetes Management: Beyond Glycemic Control*  
**Lauren O'Brien, M.D.**, Director, Division of Graduate Medical Education, UPMC Washington  
Program Director, UPMC Washington Family Medicine Residency Program
- 2:00pm Break, Exhibits, Posters
- 2:15pm *EBM Pain Management: Opioid Alternatives*  
**Ajay Wasan, M.D., MSc**, Vice Chair for Pain Medicine, Department of Anesthesiology, Tenured  
Professor of Anesthesiology & Psychiatry, University of Pittsburgh School of Medicine
- 3:15pm Concluding Remarks & Adjournment

#### **Learning Objectives:**

- Understand how to integrate patient values, clinical expertise, and the best evidence into medical practice
- Learn methods to address barriers to implementing evidence-based practices in clinical settings

#### **Target Audience:**

Physician, Physician Assistant, Nurse Practitioner, Nurse, Pharmacist, Pharmacy Technician, Case Managers

This activity is approved for the following credit: *AMA PRA Category 1 Credit™* (Physician - CME), ANCC (Nursing - CNE), and ACPE (Pharmacy). Attendees should only claim credit commensurate with the extent of participation in this activity.