

The Chronic Pelvic Pain Symposium

Presented by

UPMC Rehabilitation Institute

Department of Obstetrics and Gynecology

Department of Anesthesiology and Perioperative Medicine

UPMC Magee-Women Hospital Auditorium

Friday April 17th, 2026, 7:00am -3:15pm



The pelvis is a complex region with multiple potential sources of pain. This conference is a collaborative effort presenting leading experts in their respective fields including OB/Gyn, Urogynecology, Anesthesiology pain management, GI, Behavioral health, Vascular surgery, Orthopedics and Physical Therapy to educate on the multidisciplinary approach required to offer patients superior care for a challenging array of etiologies. There will be 20-minute presentations followed by panel discussions for an interactive learning experience.

Course directors:

Joanna Hersick PT, WCS	UPMC Rehabilitation Institute
Nicole Donellan, MD,	MIGS, Department of OB/GYN
Jocelyn Fitzgerald, MD,	Urogynecology, Department of OB/GYN
Danielle Zheng MD, PhD,	Department of Anesthesia and Perioperative Medicine

Schedule of events.

7:00 -8:00 am REGISTRATION, BREAKFAST

8:00am Introduction – Pelvic pain differential Diagnoses Nicole Donellan MD

Gynecological Pelvic pain

8:20 am Medical management of endometriosis Alison Zeccola, MD

8:40 am Surgical management of endometriosis Sara Allen, MD

Bladder and Bowel Pelvic Pain

9:00 am GI role in endometriosis Sun Jung Oh, MD

9:20am Urine Good Hands: Female Bladder Pain Syndromes Jocelyn Fitzgerald, MD

9:40 am Q & A panel discussion: Gynecology/bladder/bowel
Donnellan, Allen,
Zeccola, Fitzgerald, Oh

10:00 am COFFEE BREAK

Pain Management

10:20 am Medical management of Chronic Pelvic Pain Elizabeth Leimer, MD, PhD

10:40 am Interventional Management of Chronic Pelvic Pain Danielle Zheng, MD, PhD

11:00 am Behavioral Health Considerations in Pelvic Pain Management Susan Jarquin, PhD, MBA

11:20 Q & A panel: Pain management Leimer, Zheng, Jarquin

1:40 am LUNCH

Musculoskeletal Pelvic Pain

12:40 pm	Pelvic Floor Physical Therapy 101: What do we do?	Joanna Hersick, PT, WCS
1:00 pm	Orthopedic considerations in Pelvic Pain	Noelle DiGioia Guthrie, DO
1:20pm	Obturator Internus and Hip Dysfunction in pelvic pain	Shannon DiPietro, PT, DPT
1:40 pm	Q & A panel: Ortho/PT	Hersick, Guthrie, DiPietro

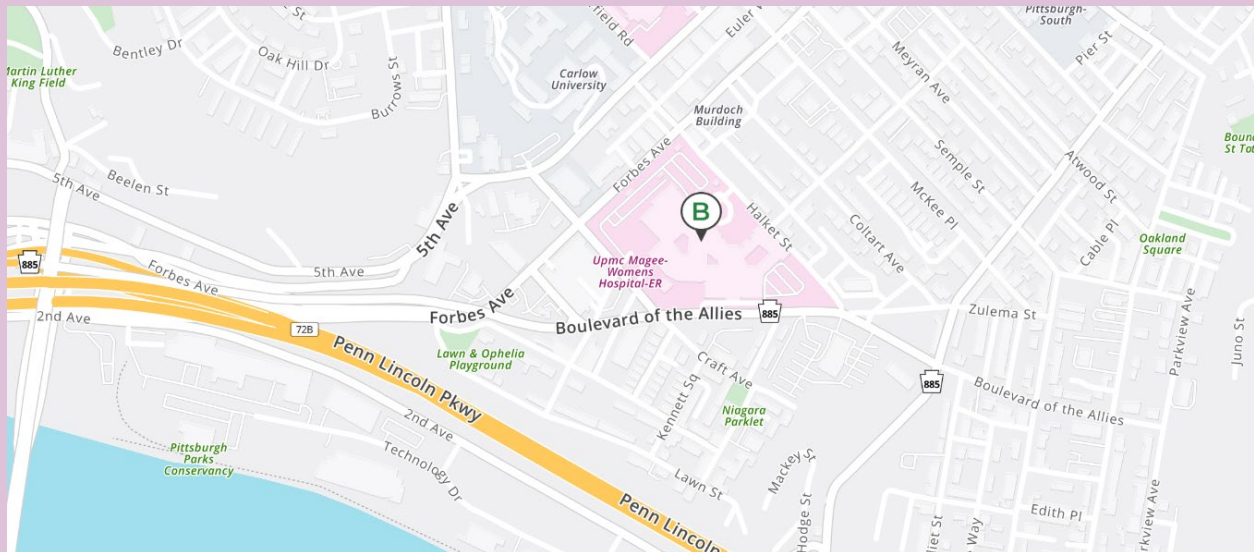
Genetic and Vascular Specialties

2:00pm	Ehlers Danlos Syndrome/Hypermobility and Pelvic Pain	Mylynda Massart, MD, PhD
2:20 pm	Vascular sources and interventions for Pelvic Pain	Natalie Sridharan, MD, MS
2:40 pm	Q & A: Vascular/Genetic Specialty Panel	Massart, Sridharan

3:00	Closing remarks	Course Directors
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Please complete course survey so we can strive to improve with future events and for assignment of CEU's.

Location: UPMC Magee-Women Hospital Auditorium is located at Zero Floor at UPMC Magee, 300 Halket Street, Pittsburgh, PA 15213



Paid Parking for the event will be available at lower-level parking lot of Magee Women's Hospital.

You will enter the hospital through the parking garage or the main the entrance and proceed to Zero level to auditorium

Registration will be on a first come first served basis until capacity is reached. When full you can request to be added to waiting list at the email listed below and will be contacted if any cancellations arise.

To register please visit: <https://cce.upmc.com/pelvic-pain-symposium>

Cost: \$25, Student Scholarships available with valid student ID number.

Any questions regarding event can be directed to hersickj@upmc.edu.



In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 5.50 AMA PRA Category 1 Credit[s]™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 5.50 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.50 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologist (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

This activity is approved for 5.50 APA credits.

Other Healthcare Professionals: The course has been approved for 5.5 CEU's in PA for Physical and Occupational Therapists. Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.