

UIM 2026 *Virtual*

Practice Changing Advances

October 22 & 23, 2026



Day 1 - Thursday, October 22, 2026

7:00-7:55am (55 min)	Technical Support and Virtual Exhibits Open	
7:55-8:00am (5 min)	Course Welcome	Anne Marie Lennon, MD, PhD Chair – Department of Medicine
8:00-8:40am (40 min)	The Ever-Changing Lipid Management Landscape: New 2026 Guidelines	Anum Saeed, MD
8:40-9:20am (40 min)	What's New in GLP1s in the Past 12 Months?	Janet Leung, MD
9:20-9:25am (5 min)	Break	
9:25-10:25am (60 min) <u>Live Panel Session</u>	Live Panel Session: Deprescribing	Moderator: Jennifer A. Pruskowski, PharmD, PhD, BCPS, BCGP Thomas Radomski, MD, MS Shauna M. Assadzandi, MD Timothy Anderson, MD, MAS
10:25 -10:35am	Make it Stick: Update in Pre-Operative Cardiac Evaluation	Corey Rearick, MD
10:35-11:15am (40 min)	Update in Insomnia for the PCP	Aaron Palmquist, MD
11:15-11:55am (40 min)	Migraine Management in Primary Care	Megan Trenz, DO
11:55-12:50pm (55 min)	Lunch	
12:50-1:30pm (40 min)	Practical Strategies for Antibiotic Stewardship	Tina Khadem, PharmD, BCPS and Sunish Shah, PharmD, BCIDP
1:30-2:10pm (40 min)	You Started a Med and the Creatinine Increased: Now What?	Kevin Stephenoff, MD
2:10-2:15pm (5 min)	Break	
2:15-2:25pm (10 min)	Make it Stick: Update in Pre-Operative Cardiac Evaluation	Daniel Dunlap, MD
2:25-3:05pm (40 min)	Sports Medicine in Primary Care	Eric Anish, MD
3:05-3:35pm (20 min)	Break	
3:35-4:15pm (40 min)	Physician Wellness: The Evidence and the Landscape in 2026	Ian Barbash, MD MS
4:15-4:55pm (40 min)	AI and Clinical Decision Support in Medicine: Best Practices and Pitfalls	Casey N. McQuade, MD, MS Ed
4:55pm	<u>Course Day 1 Adjourn</u>	

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Day 2 - Friday, October 23, 2026

7:00-8:00am (60 min)	Technical Support and Virtual Exhibits Open	
8:00-8:40am (40 min)	Update in Allergy and Immunology for the PCP	Andrej A. Petrov, MD
8:40-9:20am (40 min)	Update in Diarrhea	Aylin Tansel, MD, MPH
9:20-9:25am (5 min)	Break	
9:25-10:25am (60 min) <i>Live Webinar Session</i>	Topic Coming Soon	
10:25-10:35am (10 min)	Break	
10:35-11:15am (40 min)	Breakout Sessions	
A.	Management of Premenstrual Disorders	Vanessa Murray MD
B.	New PE guidelines	Jazz Vakhshoorzadeh, MD, MS, MPH
11:15-11:55am (40 min)	Beyond Pain Control: Symptom Management in Patients with Advanced Chronic Illness	Maria Felton Lowry, PharmD, BCPS, BCGP and Courtney Wagner, MD, MS
11:55-12:50pm (55 min)	Lunch	
12:50-1:30pm (40 min)	Practical Guidance on Hyperthyroidism in Primary Care	Elena Morariu, MD, ECNU
1:30-2:10pm (40 min)	Cosmetic Dermatology for the PCP	Suzan Obagi, MD
2:10-2:25pm (15 min)	Break	
2:25-3:05pm (40 min)	Common Ophthalmology Challenges in Primary Care	Roheena Kamyar, MD
3:05-3:25pm (20 min)	Break	
3:25-3:35pm (10 min)	Make it Stick: When Miralax isn't Enough: Update in Constipation Treatment'	David Levinthal, MD, PhD
3:35-4:15pm (40 min)	Harm Reduction in Primary Care for Patients with Substance Use Disorder	Raagini Jawa, MD, MPH, FASAM
4:15-4:55pm (40 min)	Cardiac Microvascular Disease (with some specific content on menopause)	Malamo Countouris, MD, MS
4:55-5:00pm (5 min)	Closing Remarks: UIM Course Director	Jennifer Corbelli, MD, MS