21st Annual

Frederick Curcio Memorial **Ob-Gyn Fall Lecture Series**



Thursday, Oct. 29 | Hilton Harrisburg

Sponsored by the UPMC Harrisburg Department of Obstetrics and Gynecology

This conference is designed for the continuing education of obstetricians, gynecologists, family practice physicians, physician assistants, nurse practitioners, midwives, doulas, and other ob-gyn health care professionals.

7 to 7:50 a.m.

Registration and Breakfast/Meet with Exhibitors

Please be at tables by 8 a.m.

7:50 to 8 a.m.

Kenneth J. Oken, MD
John Mantione, Jr., MD

Opening Remarks/Welcome

8 to 8:50 a.m.

Amr Madkour MD, MS, FACOG

External Cephalic Version

- Current trends in the use of external cephalic version (EVC)
- Development of conceptual frameworks to approach ECV
- Methodology of technical skills to improve success

8:50 to 9:30 a.m.

Laura Brubaker, MD, MPH

Evidence-based Postpartum Care of the Patient with Hypertensive Disorder of Pregnancy

- Describe the inpatient management of postpartum patients with hypertensive disorder of pregnancy (HDP)
- Compare and contrast the antihypertensive medications appropriate for postpartum patients
- Describe postpartum outpatient management of postpartum patients with HDP
- Describe and manage new onset of HDP in the postpartum period
- Discuss long-term cardiovascular implications for patients with HDP

9:30 to 10 a.m.

Morning Break: Visit Exhibitors/Enjoy Refreshments

Please be back at tables by 10 a.m.

10 to 10:50 a.m.

Amanda Koire, MD, PhD

Recognizing and Responding to Childbirth-related PTSD

- Recognize the prevalence of and risk factors for childbirth-related PTSD
- Explain potential maternal and infant health consequences of untreated childbirth-related PTSD
- Name free, validated screening tools for childbirth-related PTSD
- Describe treatment modalities with evidence base for addressing PTSD

10:50 to 11:40 a.m.

Hope Haefner, MD

Don't Miss It: The Ob-Gyn's Critical Role in Timely Vulvar Disease Diagnosis

- Differentiate clinical presentations of various vulvar conditions
- Identify vulvar symptoms, examination findings, and patient histories that warrant vulvar biopsy(ies)
- Apply diagnostic approaches to patients with chronic vulvar symptoms and stop calling it yeast (unless it is yeast!)

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11:40 a.m. to Noon

Break for Buffet Lunch/Visit Exhibitors

Return to tables by Noon

Noon to 1 p.m.

Stephan Davis, DNP, MHSA, NEA-BC, CENP, FACHE, ANEF, FAONL, FAAN

Gerald F. Maenner Memorial Lecture: Thriving as Clinicians, Leaders, and People at UPMC

1 to 1:10 p.m.

Afternoon Break: Visit Exhibitors/Enjoy Refreshments

Return to tables by 1:10 p.m.

1:10 to 2 p.m.

Anna Powell, MD

Mind the Gap: Missed Opportunities and New Frontiers in STI Prevention and Care

- Identify missed opportunities for STI screening, diagnosis, treatment, and prevention among women
- Apply current evidence and guidelines to optimize the diagnosis, treatment, and prevention of common and emerging STIs in women
- Evaluate evolving strategies for STI prevention and partner management and novel biomedical prevention approaches
- Describe emerging opportunities and future directions in women's STI care, including rapid and self-testing, antimicrobial-resistance–guided care, vaccines, microbiome-directed interventions, and new approaches to STI prophylaxis

2 to 3 p.m.

Sandra Sobel, MD

The Newest Inflection Point in Medicine: GLP-1 Therapy — Its Evolution and What It Means For Women's Health

- Review the discovery, development, and evolution of indications for GLP-1 therapy
- Discuss what GLP-1 therapies are on the horizon
- Highlight available GLP-1 data pertaining to women's health across their lifespan

3 p.m.

Kenneth J. Oken, MD
John Mantione, Jr., MD

Closing Remarks

3 to 5 p.m.

Clinician Networking with Appetizers and Drinks

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